



St. Eugene Catholic Elementary School Parent/Guardian Update

Week of February 19, 2024

Important Dates:

Family Day: February 19 (no school)

Pizza Orders Due: February 20

Wellness Wednesday/Sprit Wear/Popcorn: February 21

Pizza Day: February 23

Pink Shirt Day: February 28

Confirmation Retreat: February 28

Dental Screening (JK/SK/Grade 2): February 29

PA DAY: March 1 (no school for students)



Parish Connections:

[Click here for the Parish Bulletin.](#)

Upcoming Feast Days

Feast Day of St. Peter Damian: February 21

Feast Day of the Chair of St. Peter: February 22

Feast Day of St. Polycarp: February 23

School Updates: We welcome Mr. Coccarello who will be teaching Core French and Grades 2 and 3 PPT. Mr. Coccarello will be replacing M. Rados who will be reassigned as a Teacher-Librarian for the next 6 to 8 weeks.

Report Cards: Report Cards were sent home on Friday. Please review the report cards and return the **envelope** along with the

page with your signature. Discuss your child's strengths and help them to set goals for the next term. If you have any questions or concerns, please contact your child's teacher.

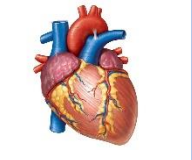


Black History Month: We continue to observe and celebrate Black History month throughout February. This week we highlight St. Josephine Margaret Bakhita/Fortunata who was born around 1869 in Olgossa in the Darfur region of Sudan. She was traded as a slave for 12 years before being freed. She became a sister of the religious order of Canossian Daughters of Charity. During World War II, the people of the village of Schio regarded her as their protector. Although many bombs fell on the village, not one citizen died. Pope John Paul II canonized her on October 1, 2000. Her feast day is celebrated on February 8. [Learn more about St. Josephine Bakhita by clicking here.](#)



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Heart Month: February is Heart Month, a time to bring attention to the importance of cardiovascular health, and what we can do to reduce our risk of cardiovascular disease. Heart disease affects approximately 2.4 million Canadian adults, and is the second leading cause of death in Canada. [Click here to access some important resources regarding Heart Month.](#) In May we will hold our Jump Rope for Heart fundraiser.



Lent: Throughout Lent we are learning about our faith and the life of Jesus. Each day, after lunch, our staff and students are viewing a short video meditation to reflect on the different aspects of Lent and our faith. We are accessing videos from Brother Francis on the platform Formed.

This week, we will explore the videos:

- A time to wash someone's feet.
- A time to Cry
- A time for Ashes
- A time for Fasting and Abstinence
- A Time for Alms
- A Time to Give Invisible Things
- A Time to Go to the Desert



Ask your children what they are learning about with Brother Francis and how it is helping them on their Lenten journey. Many parishes offer free access to www.formed.net where families and individuals can deepen their faith with a variety of videos/resources. Contact your parish for information about creating your account.

We also have a daily reflection during announcements which highlights different aspects of our faith and the life of Jesus. Each individual/event is represented by a card that is placed on the class mobile.

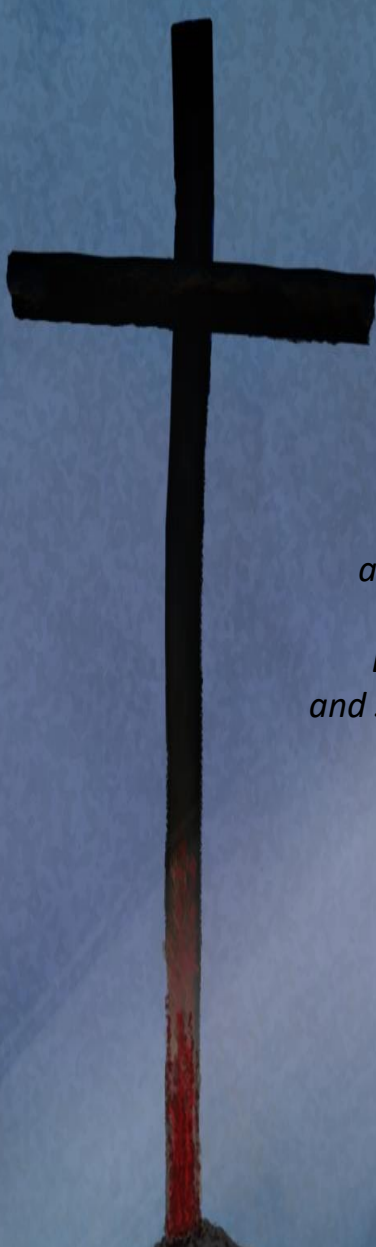
Family Day: Monday, February 19 is Family Day. There is no school for students. We will welcome students back to school on Tuesday, February 20. Enjoy the three-day weekend as a family.





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A prayer for the Second Week of Lent



*Lord,
your commandment of love is so simple
and so challenging.
Help me to let go of my pride,
to be humble in my penance.
I want only to live the way you ask me to love,
to love the way you ask me to live.
I ask this through your son, Jesus,
who stands at my side
today and always.
I hear your invitation, "Come back to me"
and I am filled with such a longing to return to you.
Show me the way to return.
Lead me this day in good works I do in your name
and send your Spirit to guide me and strengthen my faith.
I ask only to feel your love in my life today.*

- Author Unknown